



In Eastern/New York Time (ET)

Kickstart Module		<sup>2022</sup> October
Kickstart Session	Monday, October 17, 2022	*offered as a recorded video lesson

MODULE 1 Prof. Dan Cable Enhancing Our Own Performance		October - November	
Becoming Exceptional	Monday, October 24, 2022	10:00am or 5:00pm	1 Hour / session
Improving Personal Resilience	Monday, October 31, 2022	10:00am or 5:00pm	1 Hour / session
Practicum	Monday, November 7, 2022	10:00am or 5:00pm	1 Hour / session

MODULE 2 Dr. Tomas Chamorro-Premuzic  Getting To Know Your Champions		November - December	
The Science of Personality	Monday, November 21, 2022	10:00am or 5:00pm	1 Hour / session
Individual Differences in Coachability	Monday, November 28, 2022	10:00am or 5:00pm	1 Hour / session
Case Study Q&A	Monday, December 5, 2022	10:00am or 5:00pm	1 Hour / session



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MODULE 3 Prof. Francesca Gino  The Untapped Power of Curiosity and Conflict		January - February	
Engaging Others with Curiosity	Monday, January 30, 2023	10:00am or 5:00pm	1 Hour / session
Managing Difficult Conversations	Monday, February 6, 2023	10:00am or 5:00pm	1 Hour / session
Practicum	Monday, February 13, 2023	10:00am or 5:00pm	1 Hour / session

MODULE 4 Prof. Megan Reitz  Conversational Habits - And How To Change Them In The Coaching Relationship		February - March	
Speaking Truth to Power	Monday, February 27, 2023	10:00am or 5:00pm	1 Hour / session
Mindful Coaching	Monday, March 6, 2023	10:00am or 5:00pm	1 Hour / session
Q&A	Monday, March 13, 2023	10:00am or 5:00pm	1 Hour / session

MODULE 5 Dr. Robert Livingston Inclusive Coaching - A Team Spo	rt		<sup>2023</sup> March – April
Inclusive Coaching Practices	Monday, March 27, 2023	10:00am or 5:00pm	1 Hour / session
Building High-Performing Teams and Organizations	Monday, April 3, 2023	10:00am or 5:00pm	1 Hour / session
Q&A	Monday, April 10, 2023	10:00am or 5:00pm	1 Hour / session