



In Eastern/New York Time (ET)

Note: To graduate, participants must attend at least 2 out of 3 module sessions and all 3 practicum sessions live.

| MODULE 1 Being a Coach                   |                            |             |             |
|--|----------------------------|-------------|-------------|
| Module 1: Being a Coach                  | Monday, November 3, 2025   | 10:00 AM ET | 180 minutes |
| Practicum 1: Being a Coach - Demo Review | Thursday, November 6, 2025 | 10:00 AM ET | 90 minutes  |

| MODULE 2 Clearing the Fog                         |                             |             |             |
|---|-----------------------------|-------------|-------------|
| Module 2: Clearing the Fog                        | Monday, November 10, 2025   | 10:00 AM ET | 180 minutes |
| Practicum 2: Clearing the Fog - Tag Team Coaching | Thursday, November 13, 2025 | 10:00 AM ET | 90 minutes  |

| MODULE 3 Sparking Breakthroughs                         |                             |             |             |
|---|-----------------------------|-------------|-------------|
| Module 3: Sparking Breakthroughs                        | Monday, November 17, 2025   | 10:00 AM ET | 180 minutes |
| Practicum 3: Sparking Breakthroughs - Coaching Practice | Thursday, November 20, 2025 | 10:00 AM ET | 90 minutes  |