

Coaching Skills Accelerator

Course Schedule

April 7, 2026 – May 26, 2026



All times are in Eastern/New York Time.

MODULE 1 Adopting a Coaching Mindset

Content Session	Tuesday, April 7, 2026	11:00 AM ET	120 minutes
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MODULE 2 Mastering Core Coaching Skills

Content Session	Tuesday, April 14, 2026	11:00 AM ET	120 minutes
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MODULE 3 Applying a Coaching Framework

Content Session	Tuesday, April 21, 2026	11:00 AM ET	120 minutes
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MODULE 4 Cultivating Coaching Presence

Content Session	Tuesday, April 28, 2026	11:00 AM ET	120 minutes
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MODULE 5 Activating the Brain for Change

Content Session	Tuesday, May 5, 2026	11:00 AM ET	120 minutes
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MODULE 6 Connecting to Values and Purpose

Content Session	Tuesday, May 12, 2026	11:00 AM ET	120 minutes
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MODULE 7 Managing Stress and Building Resilience

Content Session	Tuesday, May 19, 2026	11:00 AM ET	120 minutes
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MODULE 8 Integrating and Applying Coaching Skills

Content Session	Tuesday, May 26, 2026	11:00 AM ET	120 minutes
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