

Catalyst Coach Certification

Course Schedule

April 7, 2026 - November 3, 2026



All times are in Eastern/New York Time.

Orientation

Orientation Session	Tue, April 7, 2026	11:00 AM ET	60 minutes
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Module 1 Building the Container: Fundamentals of Coaching

Core Learning Session	Tue, April 14, 2026	11:00 AM ET	180 minutes
Facilitated Triad Practice	Tue, April 21, 2026	11:00 AM ET	120 minutes
Core Learning and Observation Session	Tue, April 28, 2026	11:00 AM ET	180 minutes
Group Mentoring Session	Tue, May 5, 2026	11:00 AM ET	120 minutes
Lab Week	Tue, May 12, 2026	Self Paced	120 minutes

Module 2 Aligning with Purpose: Values-Informed Coaching

Core Learning Session	Tue, May 19, 2026	11:00 AM ET	180 minutes
Facilitated Triad Practice	Tue, May 26, 2026	11:00 AM ET	120 minutes
Core Learning and Observation Session	Tue, June 2, 2026	11:00 AM ET	180 minutes
Group Mentoring Session	Tue, June 9, 2026	11:00 AM ET	120 minutes
Lab Week	Tue, June 16, 2026	Self Paced	120 minutes

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Module 3 Adopting New Perspectives: Beyond Limiting Beliefs

Core Learning Session	Tue, June 23, 2026	11:00 AM ET	180 minutes
Facilitated Triad Practice	Tue, June 30, 2026	11:00 AM ET	120 minutes
Core Learning and Observation Session	Tue, July 7, 2026	11:00 AM ET	180 minutes
Group Mentoring Session	Tue, July 14, 2026	11:00 AM ET	120 minutes
Lab Week	Tue, July 21, 2026	Self Paced	120 minutes

Module 4 Cultivating Presence: Intuition and Somatic Awareness

Core Learning Session	Tue, July 28, 2026	11:00 AM ET	180 minutes
Facilitated Triad Practice	Tue, August 4, 2026	11:00 AM ET	120 minutes
Core Learning and Observation Session	Tue, August 11, 2026	11:00 AM ET	180 minutes
Group Mentoring Session	Tue, August 18, 2026	11:00 AM ET	120 minutes
Lab Week	Tue, August 25, 2026	Self Paced	120 minutes

Module 5 Navigating Human Complexity: From Mental Health to Global Ethics

Core Learning Session	Tue, September 1, 2026	11:00 AM ET	180 minutes
Facilitated Triad Practice	Tue, September 8, 2026	11:00 AM ET	120 minutes
Core Learning and Observation Session	Tue, September 15, 2026	11:00 AM ET	180 minutes
Group Mentoring Session	Tue, September 22, 2026	11:00 AM ET	120 minutes
Lab Week	Tue, September 29, 2026	Self Paced	120 minutes

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Module 6 Building Your Coaching Business: A Strategy for Success			
Core Learning Session	Tue, October 6, 2026	11:00 AM ET	180 minutes
Facilitated Triad Practice	Tue, October 13, 2026	11:00 AM ET	120 minutes
Core Learning and Observation Session	Tue, October 20, 2026	11:00 AM ET	180 minutes
Group Mentoring Session	Tue, October 27, 2026	11:00 AM ET	120 minutes
Lab Week	Tue, November 3, 2026	Self Paced	120 minutes